

Crawley Run Crew Health & Safety Policy



Health and Safety Policy Statement of Intent

This is the health and safety policy statement of Crawley Run Crew. Our health and safety policy is to:

- Prevent avoidable accidents,
- Manage health and safety risks in our organised events,
- Provide clear instructions and information to ensure run leaders are competent to do so,
- Implement emergency procedures, including evacuation in case of fire or other significant incident,
- Review and revise this policy annually.

Responsibilities for health and safety

The overall and final responsibility for health and safety lies with the Committee. The responsibility for ensuring this policy is put into practice depends on the activity.

- Run leaders - at club sessions they are leading, including Track sessions,
- Events – Race Director.

Maintenance or improvement of policy

To ensure the health and safety standards are maintained/improved, the following will apply:

- The run director appointed for each major event (e.g., Run Your Heart Out) will ensure that risk assessments have been carried out and public liability insurance has been procured,
- Welfare Officer to ensure that Run Leaders and Coaches renew First Aid training in line with EA Guidance.
- Club Secretary to ensure accidents are reported, recorded and any changes to procedures are discussed and implemented.
- The organiser of indoor events will ensure escape routes are well signed and kept clear at all times, making reasonable adjustments to ensure inclusivity.

Risk assessments

- Risk assessments will be carried out before major events,
- Risk assessments will be carried out for each training session,
- Training on risk assessments to be provided to run leaders, coaches and committee members when appointed as required.

July 2024